

PRICE LIST 2019-20

FACILITY	MEMBERS		NON-MEMBERS	
	Adult	Concession*	Adult	Concession*
Badminton (55 mins)	£9.30	£6.95	£10.30	£7.75
Over 50's Sessions	£2.35		£3.45	
Cardio/Weights Gym	£5.00	£3.75		
Changing	£1.00	£0.75	£1.50	£1.15
Early Bird Subscription (Gyms from 06.30)	£4.80			
Early Bird Subscription (Racket sport only from 07.00)	£4.80		£5.10	
Fitness Classes	£5.10		£5.10	
Squash (40 mins)	£7.80	£5.90	£10.10	£7.55
Table Tennis (55 mins)	£4.75	£3.50	£5.55	£4.25
Tennis (55 mins)	£6.90	£5.10	£8.50	£6.40

* Concession rates apply to Senior Citizens/Students/U18s and those in receipt of a means-tested benefit or Disability Living Allowance and are only available Monday to Friday between 09.00 and 16.30 and all day Saturday and Sunday.

EQUIPMENT FOR HIRE	
Badminton Racket	£1.20
Squash Racket	£1.20
Table Tennis Bat	£1.00
Tennis Racket	£1.80

EQUIPMENT FOR SALE	
Chalk	£1.80
Shuttlecock	£1.45
Squash Ball	£1.85
Table Tennis Ball	£0.50

Sport Wales National Centre
Sophia Gardens
Cardiff CF11 9SW
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www.sportwalesnationalcentre.org.uk/

0300 300 3123

RHESTR PRISIAU 2019 –20

CYFLEUSTER	AELODAU		ERAILL	
	Oedolyn	Gostyngiad*	Oedolyn	Gostyngiad*
Badminton (55 munud)	£9.30	£6.95	£10.30	£7.75
Sesiynau Dros 50 oed	£2.35		£3.45	
Cardio/campfa codi pwysau	£5.00	£3.75		
Ystafelloedd Newid	£1.00	£0.75	£1.50	£1.15
Tanysgrifiad Deryn Cynnar (Campfa o 06.30)	£4.80			
Tanysgrifiad Deryn Cynnar (Chwaraeon Raced o 07.00)	£4.80		£5.10	
Dosbarthiadau Ffitrwydd	£5.10		£5.10	
Sboncen (40 munud)	£7.80	£5.90	£10.10	£7.55
Tennis Bwrdd (55 munud)	£4.75	£3.50	£5.55	£4.25
Tennis (55 munud)	£6.90	£5.10	£8.50	£6.40

* Gostyngiadau'n berthnasol i Bensiynwyr/Myfyrwyr/D18 a'r rhai sy'n derbyn budd-dal ar sail prawf modd neu Lwfans Byw'r Anabl. Ar gael o ddydd Llun i ddydd Gwener rhwng 09.00 a 16.30 a thrwy'r dydd ar ddyddiau Sadwrn a Sul.

OFFER I'W LOGI	
Raced Badminton	£1.20
Raced Sboncen	£1.20
Bat Tennis Bwrdd	£1.00
Raced Tennis	£1.80

OFFER AR WERTH	
Sialc	£1.80
Gwennol	£1.45
Pêl Sboncen	£1.85
Pêl Tennis Bwrdd	£0.50

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