

PRICE LIST 2016-17

FACILITY	MEMBERS		NON-MEMBERS	
	Adult	Concession*	Adult	Concession*
Badminton (55 mins)	£8.65	£6.25	£9.40	£7.20
Badminton Over 50's	£3.05		£3.60	
Cardio/Weights Gym	£4.35	£3.10		
Changing	£1.00	£0.75	£1.50	£1.15
Early Bird Member (Gyms/Racket sport from 07.00)	£3.80			
Early Bird Non-Member (Racket sport only from 07.00)			£4.20	
Fitness Classes (Day - 50 mins)	£4.25		£4.25	
Fitness Classes (Evening - 50 mins)	£4.60		£4.60	
Squash (40 mins)	£7.20	£5.75	£9.00	£7.25
Table Tennis (55 mins)	£4.45	£3.40	£5.10	£4.15
Table Tennis Over 50's	£2.20		£3.30	
Tennis (55 mins)	£6.30	£4.60	£7.90	£6.00

* Concession rates apply to Senior Citizens/Students/U18s and those in receipt of a means-tested benefit or Disability Living Allowance and are only available Monday to Friday between 09.00 and 16.30 and all day Saturday and Sunday.

EQUIPMENT FOR HIRE	
Badminton Racket	£1.20
Squash Racket	£1.20
Table Tennis Bat	£1.00
Tennis Racket	£1.80

EQUIPMENT FOR SALE	
Chalk	£1.80
Shuttlecock	£1.45
Squash Ball	£1.85
Table Tennis Ball	£0.50

Sport Wales National Centre
Sophia Gardens
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www.sportwales-nationalcentre.org.uk

0300 300 3123

RHESTR PRISIAU 2016-17

CYFLEUSTER	AELODAU		ERAILL	
	Oedolyn	Gostyngiad*	Oedolyn	Gostyngiad*
Badminton (55 munud)	£8.65	£6.25	£9.40	£7.20
Badminton Dros 50 oed	£3.05		£3.60	
Cardio/campfa codi pwysau	£4.35	£3.10		
Ystafelloedd Newid	£1.00	£0.75	£1.50	£1.15
Deryn Cynnar Aelodau (Campfa/ Chwaraeon Raced o 07.00)	£3.80			
Deryn Cynnar Eraill (Chwaraeon Raced o 07.00)			£4.20	
Dosbarthiadau Ffitrwydd (Dydd - 50 munud)	£4.25		£4.25	
Dosbarthiadau Ffitrwydd (Gyda'r nos - 50 munud)	£4.60		£4.60	
Sboncen (40 munud)	£7.20	£5.75	£9.00	£7.25
Tennis Bwrdd (55 munud)	£4.45	£3.40	£5.10	£4.15
Tennis Bwrdd Dros 50 oed	£2.20		£3.30	
Tennis (55 munud)	£6.30	£4.60	£7.90	£6.00

* gostyngiadau'n berthnasol i Bensiynwyr/Myfyrwyr/D18 a'r rhai sy'n derbyn budd-dal ar sail prawf modd neu Lwfans Byw'r Anabl. Ar gael o ddydd Llun i ddydd Gwener rhwng 09.00 a 16.30 a thrwy'r dydd ar ddyddiau Sadwrn a Sul.

OFFER I'W LOGI	
Raced Badminton	£1.20
Raced Sboncen	£1.20
Bat Tennis Bwrdd	£1.00
Raced Tennis	£1.80

OFFER AR WERTH	
Sialc	£1.80
Gwennol	£1.45
Pêl Sboncen	£1.85
Pêl Tennis Bwrdd	£0.50

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