

PRICE LIST 2017-18

FACILITY	MEMBERS		NON-MEMBERS	
	Adult	Concession*	Adult	Concession*
Badminton (55 mins)	£8.80	£6.50	£9.80	£7.35
Over 50's Sessions	£2.25		£3.30	
Cardio/Weights Gym	£4.60	£3.45		
Changing	£1.00	£0.75	£1.50	£1.15
Early Bird Subscription (Gyms from 06.30)	£4.20			
Early Bird Subscription (Racket sport only from 07.00)	£4.20		£4.60	
Fitness Classes	£4.80		£4.80	
Squash (40 mins)	£7.40	£5.75	£9.50	£7.25
Table Tennis (55 mins)	£4.50	£3.40	£5.20	£4.15
Tennis (55 mins)	£6.50	£4.90	£8.10	£6.00

* Concession rates apply to Senior Citizens/Students/U18s and those in receipt of a means-tested benefit or Disability Living Allowance and are only available Monday to Friday between 09.00 and 16.30 and all day Saturday and Sunday.

EQUIPMENT FOR HIRE	
Badminton Racket	£1.20
Squash Racket	£1.20
Table Tennis Bat	£1.00
Tennis Racket	£1.80

EQUIPMENT FOR SALE	
Chalk	£1.80
Shuttlecock	£1.45
Squash Ball	£1.85
Table Tennis Ball	£0.50

Sport Wales National Centre
Sophia Gardens
Cardiff CF11 9SW
nationalcentre@sport.wales
www.sportwales-nationalcentre.org.uk

0300 300 3123

RHESTR PRISIAU 2017-18

CYFLEUSTER	AELODAU		ERAILL	
	Oedolyn	Gostyngiad*	Oedolyn	Gostyngiad*
Badminton (55 munud)	£8.80	£6.50	£9.80	£7.35
Sesiynau Dros 50 oed	£2.25		£3.30	
Cardio/campfa codi pwysau	£4.60	£3.45		
Ystafelloedd Newid	£1.00	£0.75	£1.50	£1.15
Tanysgrifiad Deryn Cynnar (Campfa o 06.30)	£4.20			
Tanysgrifiad Deryn Cynnar (Chwaraeon Raced o 07.00)	£4.20		£4.60	
Dosbarthiadau Ffitrwydd	£4.80		£4.80	
Sboncen (40 munud)	£7.40	£5.75	£9.50	£7.25
Tennis Bwrdd (55 munud)	£4.50	£3.40	£5.20	£4.15
Tennis (55 munud)	£6.50	£4.90	£8.10	£6.00

* Gostyngiadau'n berthnasol i Bensiynwyr/Myfyrwyr/D18 a'r rhai sy'n derbyn budd-dal ar sail prafw modd neu Lwfans Byw'r Anabl. Ar gael o ddydd Llun i ddydd Gwener rhwng 09.00 a 16.30 a thrwy'r dydd ar ddyddiau Sadwrn a Sul.

OFFER I'W LOGI	
Raced Badminton	£1.20
Raced Sboncen	£1.20
Bat Tennis Bwrdd	£1.00
Raced Tennis	£1.80

OFFER AR WERTH	
Sialc	£1.80
Gwennol	£1.45
Pêl Sboncen	£1.85
Pêl Tennis Bwrdd	£0.50

**Canolfan Genedlaethol
Chwaraeon Cymru**

Gerddi Sophia
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