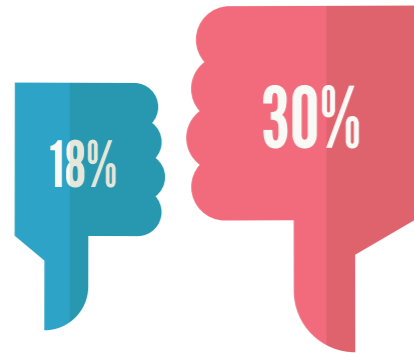
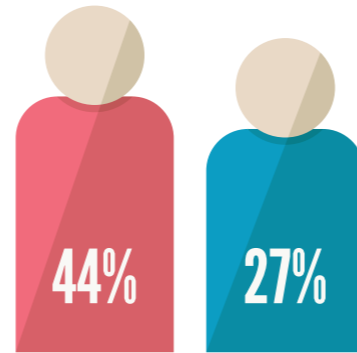


## How can we get more pupils 'hooked on sport'? *Sut mae cael mwy o ddisgyblion 'wedi gwirioni ar chwaraeon'?*



30% of girls say they're 'not good at sport', compared with 18% of boys

*30% o ferched yn dweud 'nad ydynt yn dda mewn chwaraeon', o gymharu â 18% o fechgyn*



From the pupils who are not 'hooked on sport', 44% of girls say they lack the confidence to try new activities, compared to 27% of boys

*O blith y disgyblion heb 'wirioni ar chwaraeon', 44% o ferched yn dweud bod ganddynt ddiffyg hyder i roi cynnig ar weithgareddau newydd, o gymharu â 27% o fechgyn*



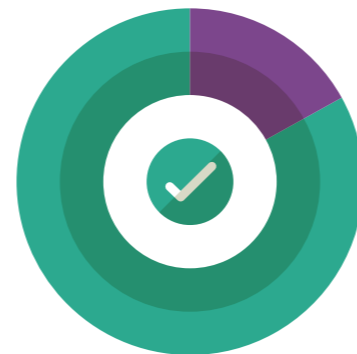
58% of teachers agree that more time should be devoted to PE at their school

*58% o athrawon yn cytuno y dylid rhoi mwy o amser i AG yn eu hysgol*



58% of pupils who felt confident did sport in their leisure time, compared with 29% of those who lacked confidence

*58% o'r disgyblion a oedd yn teimlo'n hyderus yn cymryd rhan mewn chwaraeon yn eu hamser hamdden, o gymharu â 29% o'r rhai heb hyder*



Sports club members have higher levels of perceived confidence – 83% said they were confident compared with 17% who weren't

*Mae gan aelodau o glybiau chwaraeon lefelau uwch o hyder ymddangosiadol – 83% wedi dweud eu bod yn hyderus o gymharu ag 17% nad oeddent*



33,000 pupils said they would do more if they were 'better at sport' – 22,000 girls and 11,000 boys

*33,000 o ddisgyblion yn dweud y byddent yn gwneud mwy pe baent yn 'well mewn chwaraeon' – 22,000 o ferched ac 11,000 o fechgyn*