

Cwm Taf Health Board

Hooked on Sport Wedi Gwirioni ar Chwaraeon



Hooked on Sport-o-meter Gwirioni ar Chwaraeon-o-metr

37% – Our health board *Ein bwrdd iechyd*

40% – All Wales *Ledled Cymru*



59%

of pupils say they enjoy PE lessons 'a lot'

o ddisgyblion wedi dweud eu bod yn mwynhau gwersi AG 'llawer'



57%

of pupils say they enjoy sport outside of school 'a lot'

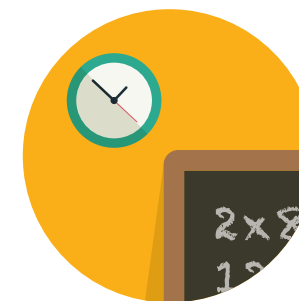
o ddisgyblion yn dweud eu bod yn mwynhau chwaraeon y tu allan i'r ysgol 'llawer'



75%

of pupils took part in sport at a club outside of school in the last year

o ddisgyblion gymerodd ran mewn chwaraeon mewn clwb y tu allan i'r ysgol y llynedd



101

average weekly minutes allocated for PE

yr amser ar gyfartaledd ar gyfer AG gwricwlaidd bob wythnos



70%

of pupils are confident in trying new activities without worrying

o ddisgyblion sydd yn hyderus roi cynnig ar weithgareddau newydd heb boeni