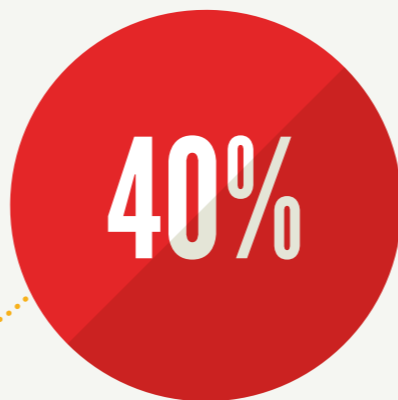


# Hooked on Sport Wedi Gwirioni ar Chwaraeon



## Hooked on Sport-o-meter Gwirioni ar Chwaraeon-o-metr

40% – Our health board *Ein bwrdd iechyd*

40% – All Wales *Ledled Cymru*



60%

of pupils say they enjoy PE lessons 'a lot'

*o ddisgyblion wedi dweud eu bod yn mwynhau gwersi AG 'llawer'*



60%

of pupils say they enjoy sport outside of school 'a lot'

*o ddisgyblion yn dweud eu bod yn mwynhau chwaraeon y tu allan i'r ysgol 'llawer'*



78%

of pupils took part in sport at a club outside of school in the last year

*o ddisgyblion gymerodd ran mewn chwaraeon mewn clwb y tu allan i'r ysgol y llynedd*



104

average weekly minutes allocated for PE

*yr amser ar gyfartaledd ar gyfer AG gwricwlaidd bob wythnos*



73%

of pupils are confident in trying new activities without worrying

*o ddisgyblion sydd yn hyderus roi cynnig ar weithgareddau newydd heb boeni*