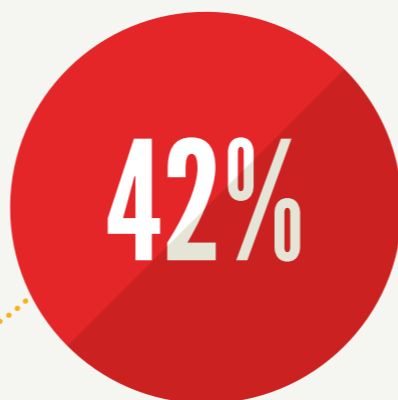


Hooked on Sport Wedi Gwirioni ar Chwaraeon



Hooked on Sport-o-meter Gwirioni ar Chwaraeon-o-metr

42% – Our health board *Ein bwrdd iechyd*

40% – All Wales *Ledled Cymru*



61%

of pupils say they enjoy PE lessons 'a lot'

o ddisgyblion wedi dweud eu bod yn mwynhau gwersi AG 'llawer'



63%

of pupils say they enjoy sport outside of school 'a lot'

o ddisgyblion yn dweud eu bod yn mwynhau chwaraeon y tu allan i'r ysgol 'llawer'



79%

of pupils took part in sport at a club outside of school in the last year

o ddisgyblion gymerodd ran mewn chwaraeon mewn clwb y tu allan i'r ysgol y llynedd



102

average weekly minutes allocated for PE

yr amser ar gyfartaledd ar gyfer AG gwricwlaidd bob wythnos



73%

of pupils are confident in trying new activities without worrying

o ddisgyblion sydd yn hyderus roi cynnig ar weithgareddau newydd heb boeni