As they apply their skills

Patterns and Pathways
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Let’s play

- 8 children in each ‘garden’
- Work together to make a series patterns and pathways on the floor that they have to follow
- Patterns/pathways made using throw down markers, chalk, cones or skipping ropes, ladders, etc.
- Patterns are for specific foot patterns for example 2 on/in 2 off/out, Pathways are for routes to be followed no matter what foot pattern is used, e.g. figure of 8, letter ‘W’, slalom course, bends and straights, etc.
- Aim to complete the course as quickly as possible and as accurately as possible