As they apply their skills

End to End
Let’s play

- 5v5 in one ‘garden’ divided into two zones
- One team attackers, one team defenders
- Play 4v2 in each zone, 2 defenders stay in each zone, plus one official from each side, decide on a fair way to rotate the officials
- The attacking team start on their end line and send and receive the ball between themselves, before progressing into the next zone, finally scoring at/on the other end line. Goals can only be scored from inside the attacking half
- Defenders try to intercept the ball, if defenders gain possession, they become attackers and send and receive between themselves to try to score. The team that were attacking become defenders and must organise themselves safely and quickly with two defenders in each zone
- After a goal is scored, the game is restarted from the end line by the team that did not score
- Change defenders and attackers over
- Make own rules about what players can do when in possession of the ball and how long they can be in possession for? What happens if the ball goes out of the ‘garden’/off the side-line? The rules for moving into the next zone, for example everyone must touch the ball before they can move into next zone, or 5 passes then onto next zone, can play go back into the previous zone?, etc.